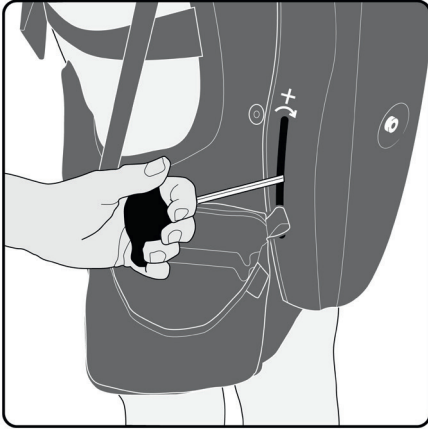


# Easyrig STABIL

1



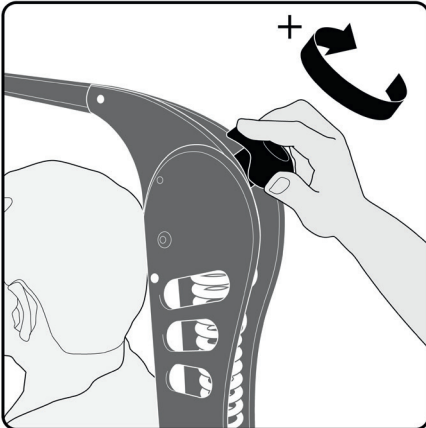
## Adjusting the tension

Adjust the tension on your Vario 5 to match the tension on the Easyrig STABIL. If you have a Cinema 3 skip this step.

Before adjusting the tension on your Vario 5, make sure to lock the arm or keep it at the lowest position with your hand to avoid interference from the Easyrig STABIL.

For further details please read the Vario 5 user manual.

2

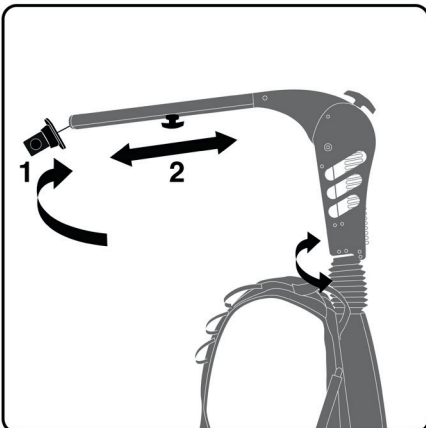


## Adjusting the tension

Increase the tension of the spring by turning the knob clockwise. The knob will make a clicking sound to indicate your new setting. Decrease the tension by turning the knob counter-clockwise. The Easyrig STABIL can take weights between 5-25 kg (11-55 lbs).

The Easyrig STABIL is adjusted correctly if the arm is resting between the lowest and highest position.

3

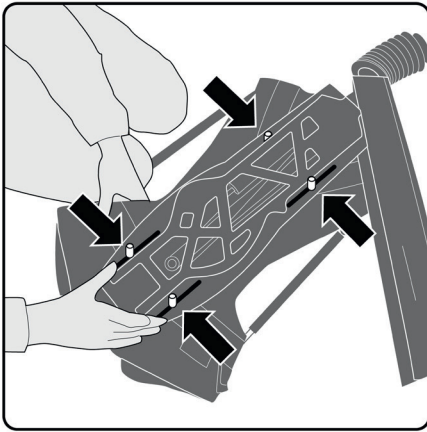


## Adjusting the slider

Place the camera hook in front of the upper arm (1). Adjust the slider (2) to preferred location and lock it tight. When the slider is in position, gently put back the camera hook.

The Easyrig STABIL has ball bearings in the back of the arm, enabling smooth lateral movement from left to right. This smooth lateral movement together with the spring (up and down) will make your shots steadier.

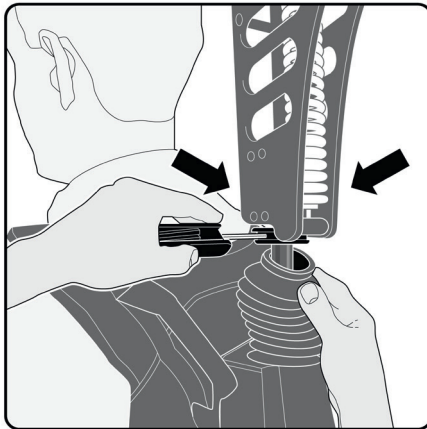
4



### Adjust according to your height

Open the Vario 5 cover, turn the 4 nuts in each corner counter-clockwise. Now, you will be able to slide the power pack up or down according to your height or what shots you want to achieve. See Vario 5 user manual for further details.

5



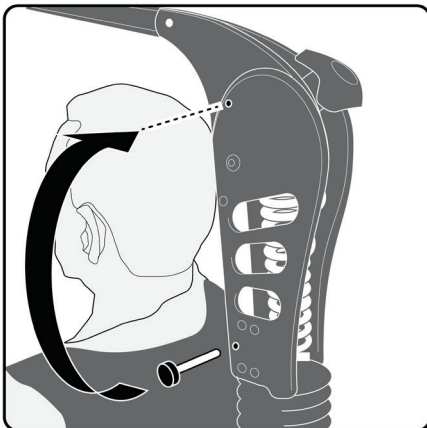
### Adjust according to your height

To raise the upper arm further, release the two screws on the upper block (under the rubber bellow).

**Important:** The power of the Vario 5 power pack needs to be at its lowest before attempting this. The highest setting possible is when the tube is level with the nylon block, going further than that can cause damage to the user or equipment.

If you are lowering the block, make sure to pre-stretch the line with 5cm/2".

6



### Locking the arm

To lock the Easyrig STABIL in 90 degrees, line up the holes and insert the pin. The pin is located in the base of the Easyrig STABIL arm. The locking pin needs to be screwed on until it is level with the side of the arm.

Go to our website (Support -> Service Videos & Manuals -> Easyrig STABIL) for instructions on how to mount the Easyrig STABIL onto your Easyrig.